

Circuit Rider Dispatch

Holston Conference of the United Methodist Church Foundation, Inc.

Having "The Talk"

Having "the Talk" with aging parents about their financial and personal affairs can be a hard conversation to navigate and at best difficult to pursue. Having once given us life and throughout that life offered their own words of wisdom, guidance and an occasional "I told you so," the table often turns as parents reach an age of needing to lean on their own children for advice and assistance. From end-of-life issues to financial options, adult children can either tackle the topic in advance or suffer the consequences of being in the dark when the Lord calls them home.



To save expense, time and the possible heartache of

navigating the financial and legal waters after they are gone, the Foundation recommends the following approach to discussing their wishes, concerns and financial obligations in advance.

- 1. Acknowledge the difficulty this conversation is to have with your parents---help them understand you only want the best for them. Your goal is to give them peace of mind about their affairs.
- 2. Use "I" statements when discussing sensitive issues-not "you."
- 3. Accompany them (if possible) to professional advisors so that you can all be on the same page.
- 4. Determine in advance what information you wish to learn. Is there a will? Are there powers of attorney or an advanced health directive in place? Do they have a life insurance policy in place? These and more are important questions to explore.
- 5. Discuss appropriate options for immediate financial issues upon their death- such as "payable on death," setting up a revocable living trust, having shared bank accounts, for example, any of which allows access to financial accounts without waiting for probate.
- 6. Listen, listen, listen.

We strongly encourage individuals to complete a booklet the Foundation provides for free. The *Personal Record Information Book* is designed to help loved ones navigate the potentially stressful and chaotic waters after a loved one passes. It can be viewed here <u>online</u>. We are more than glad to mail one to you by sending an email <u>here</u>.

If you wish to no longer receive this bi-monthly email please choose to "opt-out" by following the instructions below.



PERSONAL PLANNER Who Will Receive Your Property?

"Who should receive my property?" remarked Helen to her attorney Clara. "There are so many decisions to make. Since John passed away, I need to make these decisions myself. <u>Read More</u>

SAVVY LIVING Simple Television De

Simple Television Remotes Designed for Seniors

Can you recommend some easy-to-use television remote controls for seniors? I got my 74-year-old mother a new HDTV for her birthday, but the remote control is very confusing for her to operate. <u>Read More</u>

YOUR PLAN Bobby Lee Collier

Bobby Lee Collier was an art teacher whose creativity bloomed not only... Read More

WASHINGTON NEWS Ireland and Apple Dispute 'Tax Haven'

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FINANCES

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New Online Donation Function for Foundation

The Foundation recently launched an online option for giving to previous established funds within the Foundation. Utilizing PayPal a donor can select from various options, including "area of greatest need" to make a tax-deductible contribution through the Foundation. Please click <u>here</u> for the link at the Foundation's main website.

Gifts may be given to any of the following: Area of Greatest Need · Ben St. Clair New Church Starts · Children's Ministry Endowment · Disaster Relief Endowment · Evangelism and Outreach Endowment · HC - Camping Scholarship Endowment · HC - College Scholarship Endowment · HC - Communications Technology Endowment · HC - Foundation Endowment · HC - Pastoral Counseling Center · Imagine No Malaria · Partners in Crisis Endowment · Senior Ministries Endowment · South Sudan Orphanage · South Sudan Wells/Sanitation · Stewardship Education · Youth Ministries Endowment · Youth Mission Scholarship · Wesley Foundations (campus ministry)



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