

# *Holston Conference UMW 2006 Young Women's Retreat*

*(45 years and under)*

**March 25-26, 2006**



Logo designed by:  
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(Maryville District)*

*MainStay Suites  
410 Pine Mountain Road  
Pigeon Forge, Tennessee 37863*

For hotel reservations please call:  
**1-888-428-8350**



## Inspirational Speaker

**Reverend Michelle Buckles** is a graduate of Emory and Henry College and Candler School of Theology. In 1989 she was ordained and joined the North Georgia Conference. She served in Associate Pastor positions until she was assigned to serve as pastor of White Oak UMC. In June 2004, she was appointed to serve as pastor at the Kingston UMC. Michelle is a trained Stephen Ministry leader and a recent trainer for the Disciple Bible Study Programs. She is very active in church and community work in Roane County, is married to Samuel Buckles and has one daughter, AnnieLaurie, soon to be age 13 and a seventh grader at Cherokee Middle School.



victims of violent crimes and has been inspired by how people come through such difficult circumstances to rebuild their lives. Marcia and her husband live in Oak Ridge and attend Kern United Methodist Church

## “What Goes in Comes Out”

This focus group will examine families and the media, exploring issues including violence and language. We will learn how movies, TV shows and video games are rated, what those ratings mean, and how content affects us and our families.

**Leader: Lisa Nichols**

St. Elmo/Alton Park Empowerment Ministry  
Chattanooga

Elizabeth (Lisa) Lamb Nichols is a deaconess assigned by the General Board of Global Ministries of The United Methodist Church to the St. Elmo/Alton Park Empowerment Ministry in Chattanooga, Tennessee. A Church and Community Worker, Lisa's responsibilities include serving as Director of the St. Elmo/Alton Park Partners, working with children, youth, and families in the St. Elmo community, and coordinating the Christian Education program of the Chattanooga District Hispanic Ministry.

## Music

### Cherokee UMC Praise Band

Cherokee UMC “ARISE” worship service began in February 2001. Over the last five years some of the team members have changed; however, the purpose of creating a unique atmosphere through which God touches lives has remained the same.

## FOCUS GROUPS

Attendees are in for a real blessing at the 2006 Young Women's Retreat. Listed below is information regarding each of the focus groups:

### “How to Live in a Stressful World and (Still) Be a Christian”

Let's face it! The world we live in can be scary. 2005 brought us continuation of the war in Iraq. The Tsunami brought death and devastation, and then Katrina and Rita swept through the Gulf bringing the realities of massive natural disaster to our own shores. AND WE HAVEN'T EVEN TOUCHED THE DAY-TO-DAY STRESSES IN OUR PERSONAL LIVES! Throw in worries about the children, the house, the yard, the job, your parents, money, your spouse, your future, and now you've got STRESS!

**Leader: Marcia Walker**

Marcia has been a student, volunteer, facilitator and teacher in the Moore to Life Program for 15+ years. She has always wanted to help people thrive. She has successfully worked with

## Hands-On Mission

Want to do a hands-on mission project?  
Then, all you have to do is bring the items listed on the back page for your district and we will make personal care bags to be distributed by First UMC, Gatlinburg, through their Outreach Ministry to individuals living in their area.

Don't miss this opportunity!

Mark your calendars for May 19-20 and 20-21 to attend Spiritual Enrichment Experience at Lake Junaluska.

**United Methodist Women**  
**Holston Conference**  
Lynice Broyles  
126 Mesa Drive  
Gray, Tennessee 37615

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Visit us online at  
<http://www.gbqm-umc.org/holston-umw/>



*Hands On Mission Project*  
*Personal Care Bags*

*Abingdon, Big Stone Gap, Kingsport, Oak Ridge,*  
*Chattanooga and Knoxville Districts*

**Please bring**

**Trial sizes of shampoo, deodorant, mouthwash, lotion, band-aids  
and hand sanitizer**

*Cleveland, Johnson City, Maryville, Morristown,*  
*Tazewell and Wytheville Districts*

**Please bring**

**Full sizes of these items: bar soap, toothbrush (individually packaged and  
Soft bristled), toothpaste, disposable razors, new washcloths and combs.  
(Bags will be provided)**